



Today's CITY OF GROTON Fall-Winter 2015



City of Groton's Park & Recreation Program Brochure

Basketball, Karate, Swimming, Freeplay Music, Bus Trips and much more...

ADMINISTRATIVE OFFICES

Mayor

Marian K. Galbraith

Deputy Mayor

Keith Hedrick

City Council

Lawrence Gerrish
 Stephen Sheffield
 Andrew Ilvento
 Conrad Heede



Parks and Recreation Department Staff

Director: Mary K. Hill
 Admin Assist: Valerie Koschmieder

Department Telephone Numbers

Recreation Office: 860-446-4128
 Fax: 860-446-4109
 Email: pr@cityofgroton.com

Beach and Parks Committee

Alfred Restivo, Chairperson
 Edith Williams
 Karen Griswold
 Gail Kelly
 Mary Pratt
 Scott Nadeau
 Linda Schneider
 Lori McClain

The Commission meets the second Wednesday of each month at 7:00 pm at the City Municipal Building in Council Chambers.

Office Location

City of Groton, Municipal Building
 295 Meridian St. Groton, CT 06340

Visit us on the Web:

<http://cityofgroton.recdesk.com>

Registration Policy

Registration is required for all programs. If the class does not reach its minimum enrollment, it will be cancelled. The Recreation Department reserves the right to cancel any program. Participants will be notified of all cancellations. Full payment of fees on all activities and classes must be made at the time of registration. Checks are payable to the "City of Groton."

ONLINE REGISTRATION IS NOW AVAILABLE!

Refund Policy

If the Recreation Department cancels a program/class, then a full refund will be given. Credit card processing fees are non-refundable. If a session is cancelled due to weather or other problems, an effort will be made to schedule a make-up session. If a make-up session cannot be scheduled, no partial refund will be made. Program cancellations due to weather conditions will be announced on Channels 3, 4, 6 & 8, 105.5, 104.7, 102.3 FM & 980 AM, or the individual may call the Recreation Department at 446-4128. Evening activities will be cancelled by 3:00 pm.

Whenever Groton schools are cancelled or close early, programs will be cancelled.

LOCAL CONTACT NUMBERS		
Groton Little League (Baseball & Softball)	Doug Dickey	860-235-5824
Groton Mystic Youth Football League	Jonathan Grossman footballdirector @grotonmysticfalcons.com	
Cheerleading	Info@grotonmysticfalcons.com	
Groton Soccer Club	Tom Taber	860-908-6566
SEALS Lacrosse	John Casey	860-235-6532
City of Groton Babe Ruth	Fred Hidalgo	860-625-4062

City of Groton, Parks and Recreation ~ 295 Meridian St

SHOOT STRAIGHT BASKETBALL 2015-2016

Grades 1 & 2

Saturdays, starting December 5, 2015 - February 27, 2016
9:30-11:00 am

Grades 3-5

Mondays, starting November 30, 2015 – March 7, 2016
6:00 pm – 7:30 pm

The above programs are for both boys and girls emphasizing fundamentals, physical fitness, sportsmanship, equal play and teamwork. This program helps develop a youngster's positive self-image and teaches youngsters that sports can be played for FUN.

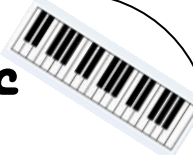
Location: West Side Middle School, 250 Brandegee Ave, Groton

Fee: **\$20.00/Residents** **\$30.00/Non-Residents**

T-shirts provided



Freeplay Music



This program is designed to create a fun, creative environment for children to come and play the guitar, keyboard and zither the way they want to, without the intimidating structure of formal instrument lessons. It will open the minds and hearts of children to their natural love of music by letting them experiment with the instruments and learn for themselves how they feel and sound. Instruments provided.

Session 1: Wednesdays, September 30—December 9
(no class 11/25)

Session 2: Wednesdays, January 6—March 9

Time: 5:45—6:15 pm

Location: Zbierski House, 3 Beach Pond Rd, Groton

Instructor: Andrew Barnes

Ages: All ages welcome!

Fee: \$35.00 per student /per session (limited to 7)

Call our office about
renting the Zbierski House
at Eastern Point Beach
for your next party!
(860) 446-4128



Girls Creativity Class & Creative Writing



With Author, *Fiona Barnes*

These classes are stand alone or work together very nicely!

Creativity Class Inspiration can usually be found with relaxation, and writing follows inspiration. Enjoy art projects, creation and design. All supplies are provided.

Time: 5:25-5:55 **Ages:** Girls, 8-15 yrs

Fee: \$20 per session

Minimum 2, maximum 12.

Writing & A Snack is a class designed to lead girls in their love of writing. Creativity is encouraged. Notebooks will be provided so students may refer back to each prompt or exercise.

Time: 6:05-6:35 **Ages:** Girls, 8-15 yrs

Fee: \$10.00 per session

Session 1: Wednesdays, Sept 30—December 9
(no class 11/25)

Session 2: Wednesdays, January 6—March 9

Location: Zbierski House, 3 Beach Pond Rd, Grt

Online Registration is here: cityofgroton.recdesk.com

GOLF LESSONS at Great Brook Golf Center

Chris Hedden promotes a fun and relaxed learning environment. He will cover the following fundamentals: grip, stance, posture, backswing, follow-through, sand shots, downswing, chipping, putting, equipment information, and golf etiquette.

Participants will need the following equipment: A 3 wood, 7 iron, pitching wedge, and a putter. If you do not have clubs, equipment is available. Each student must purchase a basket of balls for each lesson.

Fee: Residents \$125 Non-Residents \$140

ADULT GOLF LESSONS			YOUTH GOLF LESSONS Ages: 8 – 15		
Session VII:	Tues, Sept. 1– Sept. 29	6-7 pm	Session VII:	Sat, Sept. 12– Oct. 10	11-Noon
Session VIII:	Mon, Sept. 14– Oct. 12	6-7 pm	Session VIII:	Sun, Sept. 13– Oct. 11	11-Noon
Session IV:	Thurs, Oct. 1- Oct. 29	10-11 am			
Session X:	Wed, Oct. 7– Nov. 4	10-11 am			
Session XI:	Wed, Oct. 7– Nov. 4	5-6 pm			

WOMEN ONLY

A calm, relaxing instruction class for women of all abilities. Grab a friend and enjoy!

Session IV: Mondays, Sept. 14 - Oct. 12, 2015 5 - 6 pm

Fee: Residents: \$125 Non-residents: \$140



FAMILY SWIM

Avery Point Pool
1084 Shennecossett Road, Groton

Session I: Sundays, Sept 20 – Nov 15, 2015
Session II: Sundays, Jan 10 – March 14, 2016
Time: 5:00- 6:30 pm
Fee: FREE

** Registration for each session is required

This program is a fun evening for families to get together and enjoy the pool at the UCONN-AVERY POINT campus.

Open to City Residents and City Employees ONLY

ADULT SWIM

Avery Point Pool
1084 Shennecossett Road, Groton

When: Tuesdays and Thursdays
Runs from September to March
Time: 9:00 am to 11:00 am
Fee: FREE

** Registration prior to attending is necessary

This program is intended for ADULTS ONLY.

Open to City Residents and City Employees ONLY



KARATE

Program will be offered to boys and girls and will run in five week sessions. The kids will learn Concentration, Self-Confidence, and Listening Skills while practicing the art of modern and traditional Tai Kwon Do. Through drills, students will; earn respect, manners, self-defense (Stranger Danger), and improved fitness. This is an introductory program and uniforms are not required for the first 5 weeks.

All classes are taught by Bob Chester, a 6th degree Black belt.

Session I

When: Tuesdays, September 29 – October 27, 2015

Ages & Time: 5 – 7 year olds

6:30 pm – 7:00 pm

Fee: \$30.00/ 5 week session

Session II

When: Tuesdays, November 17 – December 22, 2015

Ages & Time: 8-12 year olds

7:00 pm – 7:45 pm

Fee: \$40.00/ 5 week session

Session III

When: Tuesdays, January 5 – February 2, 2016

Ages & Time: 13 & older

7:45 pm – 8:30 pm

Session IV

When: Tuesdays, February 23 – March 22, 2016

Fee: \$40.00/ 5 week session

All sessions are held at West Side Middle School, 250 Brandegee Ave, Groton

Babysitting Certification Class

Gives teenagers the skills to manage whatever may come up while babysitting.

You'll learn how to:

- Care for babies and kids up to 10 years old
- Keep the kids and yourself safe
- Make playtime fun with age-appropriate games
- Handle a wide variety of emergencies
- Manage your babysitting business



Dates: Saturday, October 17, 2015 OR Saturday, February 6, 2016

Time: 9:00-4:00 (bring a bag lunch)

Ages: 11-15 year olds

Place: Zbierski House at Eastern Point Beach,

1 Beach Pond Rd, Groton

Fee: \$45.00 per person

Limit: 16 students

**Red Cross Approved,
Certificates Provided.**

REGISTRATION DEADLINE: Friday, October 9, 2015

ARE YOU LOOKING FOR A VENUE TO CONDUCT A PROGRAM?

The City of Groton Parks and Recreation is looking to expand its programming. If you or someone you know needs a venue to conduct their program, please submit a proposal to the Director of Parks and Recreation, City of Groton, 295 Meridian St, Groton, CT 06340.

The proposal should include the type of program, fee charged, age limits and what type of space is needed.

Online Registration is here: cityofgroton.recdesk.com



FALL BUS TRIP

Friday, October 23, 2015

Enjoy a fall inspired Harvest Buffet then we'll be escorted into the Jack O' Lantern Spectacular trail!

Sample Menu: Soup, BBQ pulled pork, oven roasted turkey with country gravy, cranberry sauce, hamburgers, hot dogs, stuffing, mashed potatoes, butternut squash, corn bread, apple crisp, apple cider, hot chocolate, water, and assorted soft drinks.

Co-Sponsored by the Groton Public Schools

Food Service Department

Leaves: 4:30 pm from Groton City Municipal Building, 295 Meridian Street

(Groton Public Schools has early dismissal this day!)

Returns: Approximately 8:30-9 pm to the City Municipal Building

Destination: Roger Williams Park Zoo, Providence, RI

Cost: \$48 per person (13 years old and older) \$10 per child (3-12 years old)
2 & under free with no bus seat (must sit on adults lap)

***** Limited space. Registration deadline: Friday, October 2, 2015**

Open to City Resident & Non-Resident.



Deep Child Discount

thanks to our co-sponsor!

WRIGHT'S FARM & LASALETTE LIGHTS

Bus Trip—Saturday, November 28, 2015

Join your friends on a delightful holiday tour combining a full course luncheon at Wright's Chicken Farm Restaurant and the magnificent Christmas Lights display at LaSalette Shrine. The light display includes a Christmas Choral Concert and over 400,000 spectacular lights. This is a walking tour through the lights.

Leaves: 10:00 am from Groton City Municipal Building, 295 Meridian Street

Returns: Approximately 7 pm to the City Municipal Building

Destination: Wright's Farm Restaurant, Harrisville RI & LaSalette Shrine, Attleboro MA

Cost: \$64 per Adult, \$55 per Child (10 yrs and under) Includes driver gratuity

Registration deadline: Friday, November 6, 2015

Open to City Resident & Non-Resident.



City of Groton, Parks and Recreation ~ 295 Meridian St

BUS TRIP TO RADIO CITY MUSIC HALL



TO SEE

THE CHRISTMAS SPECTACULAR

STARRING THE ROCKETTES



SUNDAY, DECEMBER 13, 2015



Bring your family and get into the Holiday Spirit.

Enjoy New York City dressed up for Christmas and then a spectacular show!

- Leaves:** 9:00 am from the Groton City Municipal Building, 295 Meridian Street
- Arrives:** At Radio City Musical Hall, New York City, approximately 12:00 pm.
- Show starts at 4:30 pm, giving your family time to shop and eat prior to the show!**
- Departs:** Directly after the show getting us back to Groton about 8:30 pm.
- Seats:** Orchestra seating
- Fee:** \$105.00 per person (ages 2-99, under 2 can sit on a parents lap for show and bus at no cost)
- Deadline:** To register is FRIDAY, NOVEMBER 20, 2015.

Open to City of Groton Residents and Non-Residents alike.



Special thanks to our generous Bus Trip Sponsors!



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www.grotonutilities.com



TVC

**THAMES VALLEY
COMMUNICATIONS**

Online Registration is here: cityofgroton.recdesk.com



Trick or Treat!

HALLOWEEN

TRICK or TRUNK PARTY

Date: **Friday, October 30, 2015**
Agenda: 6-6:30 pm Check in and Decorating
6:45-7:15 pm "Trick or Trunking" and Judging
7:30 pm Winners announced

Where: Eastern Point Beach 3 Beach Pond Rd, Groton
Admission: If you are not decorating a car and handing out candy admission is \$5.00 a car or 2 large bags of candy.



What to bring: Bring your car, your kids and treats to Eastern Point Beach for a fun-filled night. Park your car, open and decorate your trunk, and sit on your lawn chairs while you watch your child trick or treat from car to car, while you hand out candy to those visiting your car!

Prizes for the best decorated trunk!

*In order to provide a safe event the gate will be locked @ 6:45 pm.

All children must be accompanied by an adult and all adults must be accompanied by their child(ren).

Haunted Library Tour

At the Bill Memorial Library

Saturday, October 24, 2015

The Friends of the Bill Memorial Library invite you to take a spooky tour of the library with our paranormal investigators. Learn about the spirits that haunt and protect the library and look for clues of their presence as you explore the rooms and stacks of the library.

For more information, visit the Bill Memorial Library website at

www.billmemorial.org.



Middle School Friday Night Out

Open to Groton Middle School Students ONLY

Friday, September 25 from 6:00—8:30 pm

MOVIE NIGHT with Pizza and Snacks!

Alexander and the Terrible, Horrible, No Good, Very Bad Day is playing.



MUST show Groton School ID when checking in.

FREE

More Night Out Dates...

Games, DJ and snacks on the following dates:

Fridays, October 23, January 22, February 26 and March 18 from 6:00-8:30 pm.

ZUMBA

Have you always wanted to try Zumba?
Join the fun and feel the rhythm of the music!

Every Monday — Zumba Sentao

Every Wednesday — Zumba Fitness

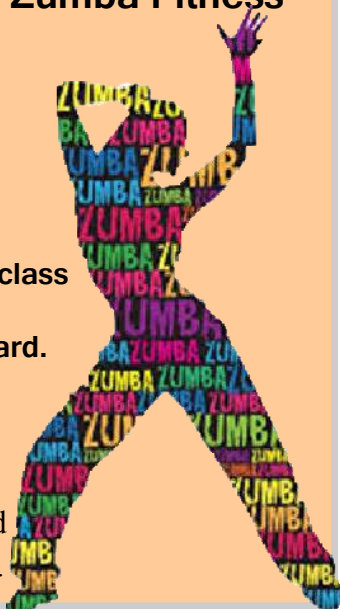
from 5:00-6:00 pm at the
City of Groton Municipal
Building Auditorium

Fee: Drop in rate of \$6 per class

OR \$45.00 for an 8-week card.

NO END DATE!

No experience required —
Open to everyone ages 13 and
older, regardless of residency.



HOLIDAY FESTIVAL

Sponsored by the City of Groton Police Department

Date: Thursday, December 3, 2015

Time: 6:00 pm

Where: City Municipal Building, 295 Meridian Street

Fee: FREE

Join us for an evening of family fun! Holiday music will be performed by area school bands and the choir from St. John's Church in Groton.

Have your child's picture taken with Santa and let them get acquainted with Frosty the Snowman and Rudolph!

Refreshments will be served.



City Cabaret

Our Winter Concert series are FREE and open to the public. They are held on the third Sunday of the month from January—March at the City of Groton Municipal Building
295 Meridian St, Groton

Keep your eyes open for full details on our website!



Sing-Along With Santa

Monday, December 7, 6:00 p.m.

At The Bill Memorial Library

240 Monument St, Groton

Carols, Cookies, and Santa

Parents should bring their cameras – every child will have a chance to get their photo with Santa!

Online Registration is here: cityofgroton.recdesk.com

Photography Class: Basics of Great Photography, Beginner to Novice
by Photographer George Savic

Understand and learn the elements of capturing great photos in a wide variety of categories such as scenic, nature, action, animals and many more. Simple elements can turn a photograph into a great one!

Time: 7:00 — 9:00 pm
Location: Zbierski House, 3 Beach Pond Rd, Grt
Instructor: George Savic
Ages: 12 to adult
Fee: \$50.00 per class
Materials: Cell phone or digital camera is encouraged but not necessary.

Choose one from these three dates: **September 23, October 21, November 18**
(Fee is per class date)

**GROTON TOWERS
APARTMENT HOMES**

39 Broad Street Extension
Groton, CT 06340
Phone: 860.445.7456
Fax: 860.448.1947
grotontowers@usrgroup.com
grotonapartmenthomes.com

Karen Bennett-Aristi
Property Manager

GROTON TOWERS
PLACE



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- Faster Internet
- Better Cable TV
- Reliable Phone Service
- 99% Customer Satisfaction



What former Comcast subscribers say after switching to TVC:

"LOVE YOU GUYS - Tech was wonderful!"
-AS, Pawcatuck

"Very Happy!"
-RC, Gales Ferry

"Thrilled with the Internet!"
- CR, Groton

"Very Happy with my channels."
GS, Groton

"We're VERY PLEASED with TVC!"
- AC, Pawcatuck

"Happy with TVC... Glad to come back!"
-JN, Groton

"Had an issue with the cable box and a technician came out the same day to correct it...we love you guys!"
-WC, Groton

"Tried Comcast... We're VERY VERY Happy to be back!"
- PB, Stonington

Sign Up Today! 860.446.4009



**CITY OF GROTON
PARKS AND RECREATION DEPARTMENT
PROGRAM REGISTRATION FORM**

Name / Parent or Guardian _____ Email _____

Street Address _____

City _____ State _____ Zip _____

Home Phone # _____ Work Phone # _____

Emergency Contact _____ Phone # _____
(Someone other than parent, you will be called first)

PROGRAM	PARTICIPANT'S NAME	DOB	M/F	FEE	GRADE/AGE

Circle one please: T-shirt size: Child's S M L Adult's S M L XL

I do _____ I do not _____ give permission for myself or my family to appear in any media coverage approved by the Department of Parks and Recreation.

Chronic/Recurring illness (diabetes; asthma) _____
 Allergies to food/medication: _____
 Does your child use an Epi-Pen? _____ Inhaler? _____ Other: _____
 Injuries or specific restrictions: _____
 Physician's Name and Phone: _____

I hereby understand and agree that the City of Groton Parks & Recreation Department, its employees, volunteers and commissioners will not be held liable for any accident or injury incurred by participants while traveling to and from or participating in the above mentioned trips or activities.

Individuals with disabilities who require accommodation to participate in a program should request accommodation from the Parks & Recreation Department at or before registration. Documentation supporting the need and the extent of the accommodation may be required.

Signature _____ Printed Name _____ Date _____

For more information call Parks & Recreation Office at 446-4128

Make checks payable to: **City of Groton**
 Mail to: City of Groton, Parks & Recreation, 295 Meridian Street, Groton, CT 06340



City of Groton
295 Meridian St
Groton, CT

Sponsored by:



GROTON'S *Fall Festival*

SATURDAY, OCTOBER 10
POQUONNOCK PLAINS PARK
11 A.M. - 5 P.M.

Free family fun!

CRAFTERS - VENDORS - BUSINESSES - COMMUNITY ORGANIZATIONS - FOOD

GROTONBIZ.COM

From the Fire Department

Daylight Savings time is at
2:00 am on

Sunday, November 1, 2015.

Don't forget to set your clocks
back one hour.

This is also a good
time to change the
batteries in your
smoke detectors!

