



Today's CITY OF GROTON Fall-Winter 2016



Come hear the music play
at Winter Cabaret!



Spooky Fun!
Decorate
your car for
Trick or
Trunk at
Eastern
Point Beach.
Win prizes!



**Great Bus Trips for
the whole family!**



City of Groton's Park & Recreation Program Brochure
Basketball, Karate, Swimming, Concerts, Bus Trips and much more...

ADMINISTRATIVE OFFICES

Mayor

Marian K. Galbraith

Deputy Mayor

Keith Hedrick

City Council

Lawrence Gerrish
 Stephen Sheffield
 Andrew Ilvento
 Conrad Heede
 Jill Rusk



Parks and Recreation Department Staff

Director: Mary K. Hill
 Admin Assist: Valerie Koschmieder

Department Telephone Numbers

Recreation Office: 860-446-4128
 Fax: 860-446-4109
 Email: pr@cityofgroton.com

Beach and Parks Committee

Alfred Restivo, Chairperson
 Edith Williams
 Gail Kelly
 Mary Pratt
 Scott Nadeau
 Linda Schneider
 Lori McClain
 Portia Washington

The Commission meets the second Wednesday of each month at 7:00 pm at the City Municipal Building in Council Chambers.

Office Location

City of Groton, Municipal Building
 295 Meridian St. Groton, CT 06340

Visit us on the Web:

<http://cityofgroton.recdesk.com>

Registration Policy

Registration is required for all programs. If the class does not reach its minimum enrollment, it will be cancelled. The Recreation Department reserves the right to cancel any program. Participants will be notified of all cancellations. Full payment of fees on all activities and classes must be made at the time of registration. Checks are payable to the "City of Groton."

ONLINE REGISTRATION IS NOW AVAILABLE!

Refund Policy

If the Recreation Department cancels a program/class, then a full refund will be given. Credit card processing fees are non-refundable. If a session is cancelled due to weather or other problems, an effort will be made to schedule a make-up session. If a make-up session cannot be scheduled, no partial refund will be made. Program cancellations due to weather conditions will be announced on Channels 3, 4, 6 & 8, 105.5, 104.7, 102.3 FM & 980 AM, or the individual may call the Recreation Department at 446-4128. Evening activities will be cancelled by 3:00 pm.

Whenever Groton schools are cancelled or close early, programs will be cancelled.

LOCAL CONTACT NUMBERS		
Groton Little League (Baseball & Softball)	Jeff Zuliani Jon Grossman	860-941-0789 860-287-1480
Groton Mystic Youth Football League	Jonathan Grossman footballdirector @grotonmysticfalcons.com	
Cheerleading	Info@grotonmysticfalcons.com	
Groton Soccer Club	Tom Taber	860-908-6566
SEALS Lacrosse	John Casey	860-235-6532
City of Groton Babe Ruth	Greg Aldinger	860-941-8957

City of Groton, Parks and Recreation ~ 295 Meridian St

SHOOT STRAIGHT BASKETBALL 2016-2017

Grades 1& 2

Saturdays, starting December 3, 2016 - March 4, 2017

9:30-11:00 am

Grades 3-5

Mondays, starting November 28, 2016 – March 6, 2017

6:00 pm – 7:30 pm



The above programs are for both boys and girls emphasizing fundamentals, physical fitness, sportsmanship, equal play and teamwork. This program helps develop a youngster's positive self-image and teaches youngsters that sports can be played for FUN.

Location: West Side Middle School, 250 Brandegee Ave, Groton

Fee: \$30.00/Residents

\$40.00/Non-Residents

T-shirts are provided

Time to Get Ready for School!



**THAMES VALLEY
COMMUNICATIONS**
www.TVCconnect.com

TVC'S INTERNET AND CABLE TV ARE LESS EXPENSIVE

TVC - 155 Mbps & 200+ Ch. ONLY \$109⁹⁹

Comcast* -75 Mbps & 230+ Channels - \$144⁹⁵

\$34.96 less per month

\$419.52 less per year

TVC - 27 Mbps - ONLY \$37⁹⁹

Comcast* - 25 Mbps - \$69⁹⁵

\$31.96 less per month

\$383.52 less per year

\$419 is A LOT of School Supplies! CALL TODAY! 860-446-4009

WHY DO 9 OUT OF 10 PEOPLE PREFER TVC TO COMCAST?*

"Since I switched from Comcast, I've had excellent customer service, technical support, and better rates!" - KH

"We are saving Money!" - AB

"LOVE my low price!" - MF

"Service is great!" - WJ

"Reliable and Fairly Priced!" -MM

"TVC is awesome. Efficient service and high quality cable and the Internet beats those other monopoly cable companies!" - KK

I'm saving a lot every month." -DW

"Lightening Fast Internet Speeds!" -CF

"TVC is much better than Comcast! So glad I switched!!" -SS

*Based on Comcast services & pricing list, effective 12/20/2015. **Based on comments taken from the Town of Stonington CT Community Facebook Forum on June 8th, 2015

Online Registration is here: cityofgroton.recdesk.com

GOLF LESSONS at Great Brook Golf Center

Chris Hedden promotes a fun and relaxed learning environment. He will cover the following fundamentals: grip, stance, posture, backswing, follow-through, sand shots, downswing, chipping, putting, equipment information, and golf etiquette.

Participants will need the following equipment: A 3 wood, 7 iron, pitching wedge, and a putter. If you do not have clubs, equipment is available. Each student must purchase a basket of balls for each lesson.

Fee: Residents \$125 Non-Residents \$140

ADULT GOLF LESSONS			YOUTH GOLF LESSONS Ages: 8 – 15		
Fall I :	Wed, Sept. 7– Oct. 5	6-7 pm	Fall I	Sat, Sept. 10– Oct. 8	10-11 am
			Fall II:	Sun, Sept. 11– Oct. 9	10-11 am

WOMEN ONLY

A calm, relaxing instruction class for women of all abilities. Grab a friend and enjoy!

Fall I: Mondays, Sept. 12 - Oct. 10, 2016 5 - 6 pm

Fee: Residents: \$125 Non-residents: \$140



FAMILY SWIM

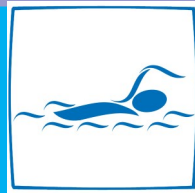
Avery Point Pool
1084 Shennecossett Road, Groton

Session I: Sundays, Sept 18 – Nov 13, 2016
Session II: Sundays, Jan 8 – March 12, 2017
Time: 5:00- 6:30 pm
Fee: FREE

** Registration for each session is required

This program is a fun evening for families to get together and enjoy the pool at the UCONN-AVERY POINT campus.

Open to City Residents and City Employees ONLY



ADULT SWIM

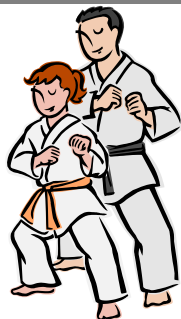
Avery Point Pool
1084 Shennecossett Road, Groton

When: Tuesdays and Thursdays
Runs from September to March
Time: 9:00 am to 11:00 am
Fee: FREE

** Registration prior to attending is necessary

This program is intended for ADULTS ONLY.

Open to City Residents and City Employees ONLY



KARATE

Program will be offered to boys and girls and will run in five week sessions. The kids will learn Concentration, Self-Confidence, and Listening Skills while practicing the art of modern and traditional Tai Kwon Do. Through drills, students will; earn respect, manners, self-defense (Stranger Danger), and improved fitness. This is an introductory program and uniforms are not required for the first 5 weeks.

All classes are taught by Bob Chester, a 6th degree Black belt.

Session I

When: Tuesdays, September 27 – October 25, 2016

Ages & Time: 5 – 7 year olds

6:30 pm – 7:00 pm

Fee: \$30.00/ 5 week session

Session II

When: Tuesdays, November 15 – December 20, 2016

Ages & Time: 8-12 year olds

7:00 pm – 7:45 pm

Fee: \$40.00/ 5 week session

Session III

When: Tuesdays, January 3 – January 31, 2017

Ages & Time: 13 & older

7:45 pm – 8:30 pm

Session IV

When: Tuesdays, February 28 – March 28, 2017

Fee: \$40.00/ 5 week session

All sessions are held at West Side Middle School, 250 Brandegee Ave, Groton

Babysitting Certification Class

Gives teenagers the skills to manage whatever may come up while babysitting.

You'll learn how to:

- Care for babies and kids up to 10 years old
- Keep the kids and yourself safe
- Make playtime fun with age-appropriate games
- Handle a wide variety of emergencies
- Manage your babysitting business



Dates: Saturday, October 15, 2016 OR Saturday, February 4, 2017

Time: 9:00-4:00 (bring a bag lunch)

Ages: 11-15 year olds

Place: Council Chambers, City Municipal Building

295 Meridian St, Groton

Fee: \$45.00 per person

Limit: 16 students

REGISTRATION DEADLINE: Friday, October 7, 2016

**Red Cross Approved,
Certificates Provided.**

ARE YOU LOOKING FOR A VENUE TO CONDUCT A PROGRAM?

The City of Groton Parks and Recreation is looking to expand its programming. If you or someone you know needs a venue to conduct their program, please submit a proposal to the **Director of Parks and Recreation,**
City of Groton, 295 Meridian St,
Groton, CT 06340.

The proposal should include the type of program, fee charged, age limits, description and space needed.

Online Registration is here: cityofgroton.recdesk.com



Trick or Treat!

HALLOWEEN

TRICK or TRUNK PARTY

Date: **Friday, October 28, 2016**
Agenda: 6-6:30 pm Check in and Decorating
6:45-7:15 pm "Trick or Trunking" and Judging
7:30 pm Winners announced



Where: Eastern Point Beach 3 Beach Pond Rd, Groton
Admission: If you are **not** decorating a car and handing out candy admission is **\$10.00** a car or 2 large bags of candy.

What to bring: Bring your car, your kids and treats to Eastern Point Beach for a fun-filled night. Park your car, open and decorate your trunk, and sit on your lawn chairs while you watch your child trick or treat from car to car, while you hand out candy to those visiting your car!

Prizes for the best decorated trunk!

*In order to provide a safe event the gate will be locked @ 6:45 pm.

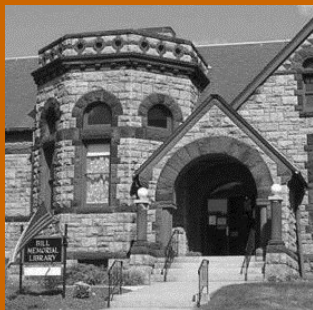
Haunted Library Tour

At the Bill Memorial Library

Saturday, October 22, 2016
7—9 pm

The Friends of the Bill Memorial Library invite you to take a spooky tour of the library with our paranormal investigators. Learn about the spirits that haunt and protect the library and look for clues of their presence as you explore the rooms and stacks of the library. For more information, visit the Bill Memorial Library website at

www.billmemorial.org.



Basics of Great Photography and Advanced Photography by Photographer George Savic

Understand and learn the elements of capturing great photos in a wide variety of categories such as scenic, nature, action, animals and many more.

Beginner Class:
Wednesday, Sept 28th
OR November 16th

Advanced Class:
Wednesday,
October 19th

Time: 7:00 — 9:00 pm
Location: Zbierski House, 3 Beach Pond Rd, Grt
Instructor: George Savic
Ages: 12 to adult
Fee: \$50.00 per class (Fee is per class date)
Materials: Cell phone or digital camera is encouraged



Middle School Friday Night Out

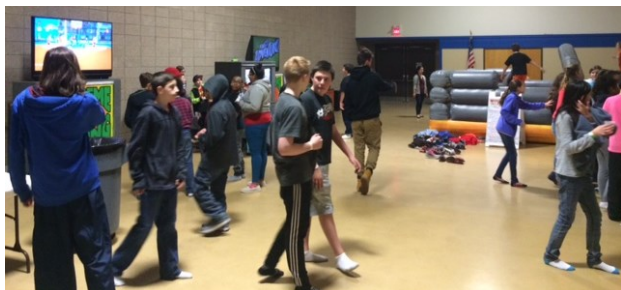
Open to Groton Middle School Students ONLY

**Fridays, January 20, February 17
& March 17 from 6:30—8:30 pm**

In the Municipal Building Auditorium
Games, Music, Light Snacks and lots of Fun!

FREE

MUST show Groton School ID when checking in.



HOLIDAY FESTIVAL

Sponsored by the City of Groton Police Department

Date: Thursday, December 1, 2016

Time: 6:00 pm

Where: City Municipal Building, 295 Meridian Street

Fee: FREE

Join us for an evening of family fun! Holiday music will be performed by area school bands and the choir from St. John's Church in Groton. Have your child's picture taken with Santa and let them get acquainted with several holiday characters!



Refreshments will be served.

SING~ALONG WITH SANTA

JOIN US AT THE

BILL MEMORIAL LIBRARY

240 Monument St. Groton 860-445-0392 billmemorial.org

WEDNESDAY, DECEMBER 7th

6:00 P.M.

FOR AN EVENING WITH

SANTA CLAUS!

Bring your camera and take your child's picture with Santa next to our cozy fireplace



ENJOY
OLD-FASHIONED
CAROLLING
(with *LIVE* music),
COOKIES &
HOT COCOA



City Cabaret

FREE Winter Concert Series

City of Groton Municipal Building,

295 Meridian St, Groton.

Sundays at 3:00 pm, January 15th

February 19th & March 19th

Band details published in November

FALL BUS TRIPS 2016

BIG E ON CT DAY

Wednesday, September 21, 2016



Avoid the hassles of traffic and parking and spend Connecticut Day at the Big E, the largest fair in New England. Browse the Avenue of the States, agricultural and livestock events, shopping and some of the best food around!

- Leaves:** 8:30 am from Washington Park's overflow parking off of Park Ave & 283 Meridian Street
- Returns:** Approximately 8 pm to the City Municipal Building
- Destination:** Big E Fairgrounds, W Springfield, MA
- Cost:** \$40.00 per person. Includes transportation, entrance fee & driver gratuity
- Registration deadline:** Friday, September 16, 2016 Open to City Resident & Non-Resident.



Friday, October 21, 2016

Enjoy a fall inspired Harvest Buffet then we'll be escorted into the Jack O' Lantern Spectacular trail!

Sample Menu: Oven roasted turkey with gravy, cranberry sauce, mashed potatoes, butternut squash, corn bread, brownie/cookie platter, apple cider, hot chocolate, water, and assorted soft drinks.

Co-Sponsored by the Groton Public Schools Food Service Department

- Leaves:** 4:30 pm from Washington Park's overflow parking off of Park Ave & 283 Meridian Street
- Returns:** Approximately 9 pm to the City Municipal Building
- Destination:** Roger Williams Park Zoo, Providence, RI
- Cost:** \$50 per person (13 years old and older) \$15 per child (3-12 years old)
2 & under free with no bus seat (must sit on adults lap)
- Deep Child Discount**
thanks to our co-sponsor!

***** Limited space. Registration deadline: Friday, October 7, 2016 Open to City Resident & Non-Resident.**



Radio City's
CHRISTMAS SPECTACULAR SHOW

STARRING THE ROCKETTES



SUNDAY, DECEMBER 11, 2016

Bring your family and get into the Holiday Spirit.

Enjoy New York City dressed up for Christmas and then a spectacular show!

- Leaves:** 8:00 am from the Groton City Municipal Building, 295 Meridian Street
- Arrives:** At Radio City Musical Hall, New York City, approximately 12:00 pm.
Show starts at 5:00 pm, giving your family time to shop and eat prior to the show!
- Departs:** Directly after the show getting us back to Groton about 8:30 pm.
- Seats:** Orchestra seating
- Fee:** \$110.00 per person (ages 2-99, under 2 can sit on a parents lap for show and bus at no cost)
- Deadline:** To register is **FRIDAY, NOVEMBER 11, 2016**



Open to City of Groton Residents and Non-Residents



Special thanks to our generous Bus Trip Sponsors!



Groton
Public
Schools

Food Service
Department

Online Registration is here: cityofgroton.recdesk.com



At GROTON ELKS every Thursday Night

Doors Open at 4:30 pm— BINGO starts at 6:30 pm

Purchase BINGO Sheets, Special Games, Quickies, \$1,000 Progressive \$3,000 Progressive, Daubers, Food and more

Located at 700 Shennecossett Rd, Groton

860-445-8005

177 Bridge Street
Groton, CT 06340



Kathryn Marsden Owner/Stylist

Fall Leaf Collection:

Wednesdays,
October 19 & 26,
November 2, 9, 16 & 23, 2016



Please do **not** sweep leaves into the street or road. Leave accumulate into catch basins and clog them creating drainage problems.

Final Leaf Collection date is
November 23, 2016!

Christmas Tree Collection:

Wednesdays,
December 28, 2016 and
January 4, 11 & 18, 2017

Please have your Christmas trees
curbside by 7:00 AM for pickup.
**DO NOT PLACE CHRISTMAS
TREES IN PLASTIC BAGS**



Call 860-446-4127 with any questions

City of Groton Pickup Schedule for Trash, Recycling and Bulky Waste

It is important that you have your items out for pick up by the following times (NO exceptions)

6:00 AM— Memorial Day to Labor Day (Summer Schedule)

7:00 AM—Rest of the year

Most all routes and starting points have changed therefor the time we arrive at your house has also changed.

It is imperative for you to have your items out in time.

Trash & Recycling Pickup Schedules for Holidays:

- ✦ If a holiday falls on a Monday, and this is your pickup day, it will be picked up on Tuesday morning
- ✦ If a holiday falls on a Tuesday, and this is your pickup day, it will be picked up on Wednesday morning
- ✦ If a holiday falls on a Wednesday, and this is your pickup day, it will be picked up Thursday morning
- ✦ If a holiday falls on a Thursday, and this is your pickup day, it will be picked up on Friday morning
- ✦ If a holiday falls on a Friday, and this is your pickup day, it will be picked up on Thursday morning

For Thanksgiving Day and the Day after Thanksgiving, if these are your pickup days, Thursday Thanksgiving Day will be picked up on Wednesday morning and Friday the Day-After Thanksgiving Day will be picked up on the following Monday morning.

Container Size: All garbage is to be placed in covered metal or heavy plastic containers (not larger than thirty-five (35) gallons nor weighing when filled more than seventy-five (75) pounds) at the street curb or curb line for collection.

The City of Groton Sanitation Dept. does sell 96-Gallon Toters for \$72.00 each.

We will take only 1-2 cans or bags of yard clippings, brush or hedges with your trash.

Call 860-446-4127 with any questions





**CITY OF GROTON
PARKS AND RECREATION DEPARTMENT
PROGRAM REGISTRATION FORM**

Name / Parent or Guardian _____ Email _____

Street Address _____

City _____ State _____ Zip _____

Home Phone # _____ Work Phone # _____

Emergency Contact _____ Phone # _____
(Someone other than parent, you will be called first)

PROGRAM	PARTICIPANT'S NAME	DOB	M/F	FEE	GRADE/AGE

Circle one please: T-shirt size: Child's S M L Adult's S M L XL

I do _____ I do not _____ give permission for myself or my family to appear in any media coverage approved by the Department of Parks and Recreation.

Chronic/Recurring illness (diabetes; asthma) _____

Allergies to food/medication: _____

Does your child use an Epi-Pen? _____ Inhaler? _____ Other: _____

Injuries or specific restrictions: _____

Physician's Name and Phone: _____

I hereby understand and agree that the City of Groton Parks & Recreation Department, its employees, volunteers and commissioners will not be held liable for any accident or injury incurred by participants while traveling to and from or participating in the above mentioned trips or activities.

Individuals with disabilities who require accommodation to participate in a program should request accommodation from the Parks & Recreation Department at or before registration. Documentation supporting the need and the extent of the accommodation may be required.

Signature _____ Printed Name _____ Date _____

For more information call Parks & Recreation Office at 446-4128

Make checks payable to: **City of Groton**

Mail to: City of Groton, Parks & Recreation, 295 Meridian Street, Groton, CT 06340

Revised 8/19/14



City of Groton
295 Meridian St
Groton, CT

Sponsored by:



Falcon Café

located at Fitch High School,
101 Groton Long Point Rd



Open to the Public for Lunch in their Café from
10:45 to 12:30 on select days throughout the
school year.

Check our website for exact dates of service
<http://www.groton.k12.ct.us/>

Salad bar, homemade soups and daily specials.
All lunches come with a refreshing beverage and
mouth watering dessert!!
Great fresh food at an absolute bargain price!

*The Culinary
Class appreciates
your
support and is
looking forward
to
serving you.*



ZUMBA

Have you always wanted to try Zumba?
Join the fun and feel the rhythm of the music!

Every Monday — Zumba Sentao

Every Wednesday — Zumba Fitness

from 5:00-6:00 pm at the

City of Groton Municipal

Building Auditorium

Fee: Drop in rate of \$6 per class

OR \$45.00 for an 8-week card.

NO END DATE!

No experience required —
Open to everyone ages 13 and
older, regardless of residency.

