



Today's CITY OF GROTON Fall - Winter 2023-2024

Farmer's Market every Tuesday 3-6 at Washington Park thru 10/31



Trick or Treat on October 31st with our vendors!



City of Groton's Park & Recreation Program Brochure
Basketball, Swimming, Karate, Disc Golf, Bus Trips and much more...

Online Registration: cityofgroton.recdesk.com

ADMINISTRATIVE OFFICES

Mayor

Keith Hedrick

Deputy Mayor

Gweneviere Depot

City Council

Rashaad Carter

Lisa McCabe

Paul Norris

Christine Piazza

Stephen Sheffield



Parks and Recreation Department Staff

Director: Mary K. Hill

Admin Assist: Valerie Koschmieder

Department Contact Info

Recreation Office: 860-446-4128

Email: pr@cityofgroton.com

Beach and Parks Committee Members

William Borysewicz, Chairperson

Brian Clinton

Christine Cabral

Scott Nadeau

Devon Robarge

Gail Kelly

Lori McClain

Barry Tuohy

Jennifer Smith

The Committee meets the second Wednesday of each month at 7:00 pm at the City Municipal Building in Room Council Chambers

Office Location

City of Groton, Municipal Building
295 Meridian St. Groton, CT 06340

Visit us on the Web

cityofgroton.recdesk.com

Registration Policy

Registration is required for all programs. If the class does not reach its minimum enrollment, it will be cancelled. The Recreation Department reserves the right to cancel any program. Participants will be notified of all cancellations. Full payment of fees on all activities and classes must be made at the time of registration. Checks are payable to the "City of Groton"

ONLINE REGISTRATION IS AVAILABLE AT
<http://cityofgroton.recdesk.com>

Refund Policy

If the Recreation Department cancels a program/class, then a full refund will be given. Credit card processing fees are non-refundable. If a session is cancelled due to weather or other problems, an effort will be made to schedule a make-up session. If a make-up session cannot be scheduled, no partial refund will be made. Program cancellations due to weather conditions will be announced on Channels 3, 4, 6 & 8, 105.5, 104.7, 102.3 FM & 980 AM, or the individual may call the Recreation Department at 446-4128. Evening activities will be cancelled by 3:00 pm.

Whenever Groton schools are cancelled or close early, programs will be cancelled.

LOCAL CONTACT NUMBERS

Groton Little League (Baseball)	grotonpresidentll@gmail.com http://grotonlittleleague.com/
Groton Mystic Youth Football League/Cheer	grotonmysticfalcons@gmail.com
Groton Parks & Recreation	860-536-5680 29 Spicer Ave, Noank, CT 06340 parksrec@groton-ct.gov
Groton Soccer Club	grotonsoccer@yahoo.com
Groton/Mystic Lacrosse	Chad Frost 860-608-1528

860-446-4128

FAMILY SWIM

Avery Point Pool
1084 Shennecossett Road, Groton



ADULT SWIM

Avery Point Pool
1084 Shennecossett Road, Groton

Session I: Sundays, Sept 17 – Nov 12, 2023
(no swim on 10/8)

Session II: Sundays, Jan 7 – March 10, 2024
(no swim on 1/14 & 2/18)

Time: 5:00 - 6:30 pm

Fee: \$10.00 per family/address, per session

**** Registration for each session is required**

This program is a fun evening for families to get together and enjoy the pool at the UCONN-AVERY POINT campus. Adults must stay, Not a drop off activity.

Open to City Residents and City Employees ONLY

When: Tuesdays and Thursdays
(Beginning September 5)

Time: 9:00 am to 11:00 am

Fee: FREE

**** Registration prior to attending is necessary**

This program is intended for **ADULTS ONLY**
(18 years +)

Open to City Residents and City Employees ONLY

GOLF LESSONS at Great Brook Golf Center

Chris Hedden promotes a fun and relaxed learning environment. He will cover the following fundamentals: grip, stance, posture, backswing, follow-through, sand shots, downswing, chipping, putting, equipment information, and golf etiquette.

Participants will need the following equipment: A 3 wood, 7 iron, pitching wedge, and a putter. If you do not have clubs, equipment is available. Each student must purchase a basket of golf balls for each lesson.

Fee: Residents \$150 Non-Residents \$160

ADULT GOLF LESSONS			YOUTH GOLF LESSONS Ages: 8 – 15		
Fall I :	Wed, Sept. 6– Oct 4	10–11 am	Fall I	Sat, Sept. 9– Oct. 7	11 am—Noon
Fall II:	Wed, Sept. 6– Oct 4	6–7 pm			

WOMEN ONLY

A calm, relaxing instruction class for women of all abilities. Grab a friend and enjoy!

Fall I: Thursdays, Aug 31– Sept. 28, 2023 10-11 am

Fall II: Thursdays, Aug 31– Sept. 28, 2023 6–7 pm

Fall III: Mondays, Sept. 11- Oct. 9, 2023 10-11 am

Fall IV: Mondays, Sept.11- Oct. 9, 2023 6–7 pm

Fee: Residents: \$150 Non-residents: \$160



Programs / Classes

Child and Babysitting Safety & CPR AED/First Aid

The new **Child and Babysitting Safety (CABS) program** from ASHI gives teenagers and young adults everything they need to know for safe and successful babysitting. From getting started with their business, to dealing with parents and children, to key safety, caregiving, and first aid tips, the magazine-format CABS guide and vlogger-style video make learning fun. First aid, CPR and use of an AED are included. This course empowers students to act with confidence in the event of an emergency at home or in the community.

Students should be at least 12 years old for this class. Certificates will be emailed within a week of class.

Saturday, September 30

Time: 9:00 am—4:00 pm (bring a bag lunch) **Ages:** 12 and above
Place: Council Chambers, City Municipal Building, 295 Meridian St, Grtn
Fee: \$80.00 per person

Registration deadline is Monday, September 25th **Limit: 16 students**



CPR AED for Adults (18 +)

American Heart Association Heartsaver CPR AED For Adults (Ages 18 +)

Reflecting the latest science and education from the 2020 AHA Guidelines for CPR and Emergency Cardiovascular Care (ECC), the AHA's Heartsaver courses provide students the highest quality training in the lifesaving skills of CPR and use of an AED.

This course empowers students to act with confidence in the event of an emergency at work, home, or in the community. This course is approximately 2½ hours long. *Certificates are awarded*

Saturday, October 21

Time: 10:00 am—12:30 pm **Ages:** 18 + **Limit: 9 students**
Place: Council Chambers, City Municipal Building, 295 Meridian St, Groton
Fee: \$60.00 per person Registration deadline is Monday, October 16th

CPR AED for Youth Ages 13-18

Saturday, December 2 **Time:** 10:00 am—12:30 pm **Ages:** 13—18 **Limit: 9 students**
Place: Council Chambers, City Municipal Building, 295 Meridian St, Groton
Fee: \$60.00 per person Registration deadline is Monday, Monday, November 27th

Disc Golf for Beginners with Bill

Every Thursday in September from 5:30-6:30 pm (9/7, 9/14, 9/21 & 9/28)
 Washington Park, up hill from basketball courts. All equipment will be provided.

Come learn the basics; how to throw a disc, what are all these different discs for, game scoring and disc golf etiquette. On the 4th week, a portable disc golf basket and several starter disc kits will be raffled off to registered participants!

Fee: \$25.00 for all 4 weeks of classes



City of Groton, Parks and Recreation ~ 860-446-4128

SHOOT STRAIGHT BASKETBALL 2023-2024

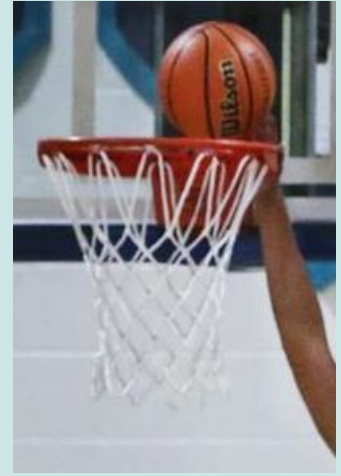
Grades 1 & 2

Saturdays, starting December 2, 2023 - March 2, 2024
9:30-11:00 am (no class 12/23, 12/30)

Grades 3-5

Mondays, starting November 27, 2023 – March 4, 2024
6:00 pm – 7:30 pm (no class 12/25, 1/1, 1/15)

The above programs are for both boys and girls emphasizing fundamentals, physical fitness, sportsmanship, equal play and teamwork. This program helps develop a youngster's positive self-image and teaches youngsters that sports can be played for FUN.



Location: Thames River Magnet School, 250 Brandegee Ave, Groton

Fee: \$40.00/Residents

\$50.00/Non-Residents

Jerseys are provided



KARATE

Program will be offered to boys and girls and will run in five week sessions. The kids will learn Concentration, Self-Confidence, and Listening Skills while practicing the art of modern and traditional Tae Kwon Do. Through drills, students will; earn respect, manners, self-defense (Stranger Danger), and improved fitness. This is an introductory program and uniforms are not required for the first 5 weeks.

All classes are taught by Bob Chester, a 6th degree Black belt.

Session I (No class on 9/26)

Tuesdays, September 19 – October 24, 2023

Session II

Tuesdays, November 21 – December 19, 2023

Session III

Tuesdays, January 9– February 6, 2024

Session IV

Tuesdays, February 27 – March 26, 2024

Ages & Time:

5 – 7 year olds 5:00 pm – 5:30 pm

Fee: \$40.00/ 5 week session

8-12 year olds 5:30 pm – 6:15 pm

Fee: \$50.00/ 5 week session

*** Minimum of 4 students needed to hold class.*

All sessions are held at Thames River Magnet School, 250 Brandegee Ave, Groton

BUS TRIPS 2023

BIG E ON CT DAY Wednesday, September 20, 2023



Avoid the hassles of traffic and parking and spend Connecticut Day at the Big E, the largest fair in New England. Browse the Avenue of the States, agricultural and livestock events, shopping and the Better Living Center and some of the best food around!

Leaves: 8:30 am from Washington Park's overflow parking off of Park Ave & 283 Meridian Street, Groton CT

Returns: Approximately 6 pm to Groton, leaving the Big E grounds at 4:00 pm

Destination: Big E Fairgrounds, W Springfield, MA

Fee: \$65.00 per person. Includes transportation, entrance fee & driver gratuity.

Registration deadline: Monday, September 18, 2023

Open to City Residents & Non-Residents.

Haunted Happenings—Salem MA

Saturday, October 28, 2023

The Ultimate Halloween experience!

There is something for everyone in this seaport village, and it's all within walking distance. You'll be on your own to explore the psychic fairs, haunted houses, spooky cemeteries, museums and historic sights and great shopping and food. Dress in costume and you'll fit right in, leave your broomstick at home and hop on our coach, as we go seeking ghosts and goblins!

To assist in planning your visit, go online to hauntedhappenings.org.

Darrell will be your tour guide and driver.

Leaves: 7:45 am from the **Norwich Commuter Lot** (exit 11 from I-395)

Returns: Near 9:00 pm

Fee: \$80.00 per person



Rockette's Christmas Spectacular Show at Radio City Music Hall



SUNDAY, DECEMBER 3, 2023



We will be dropped off very close to Rockefeller Center so you can see the famous Christmas Tree, NYC decorated for the holiday, free time to shop and eat on your own. The Rockette's Christmas Spectacular Show starts at 5 pm and is sure to get you in the Christmas Spirit!

Leaves: 8:30 am from the Groton City Municipal Building, 295 Meridian Street

Agenda: Brief rest stop about Darien CT for bathroom and food for bus. Arrives in NYC about 11:30-Noon. Doors open 1 hour ahead of show start at 5:00 pm, may want to line up 90 minutes prior.

Departs: Directly after the show (about 6:45 pm) getting us back to Groton about 10 pm.

Seats: Orchestra 1 seating

Fee: \$170.00 per person (Includes bus, gratuity and show ticket) Under 2 free on parent lap.

Deadline: To register is THURSDAY, NOVEMBER 2, 2013

September Community Events



OFFICIAL 5K RACE ROUTE
LOCAL BREWERIES
LIVE MUSIC BY 2CATZOO



10:30 - 5K WALK
11:00 - 5K RACE
11:30 - BREWFEST

REGISTRATION OPEN!



SEPTEMBER 9, 2023

EASTERN POINT BEACH, GROTON



Groton City Farmers Market

Every Tuesday from 3-6pm
through End of October

At Washington Park
(155 Meridian St, Groton)

Vendors bringing locally grown fresh fruits and vegetables, plants, meats, fish & scallops, eggs and cheeses, baked goods, soaps, honey, kombucha, organic coffee and other specialty items.



Winter Pop-Up Markets 2023-2024

Inside the Auditorium of the City Municipal Building, 295 Meridian Street

Second Sunday of the month November—April from 11 am—2pm

November 12 & December 10, 2023, January 14, February 11, March 10,
March 30 and April 14, 2024

Family Fun—Scarecrow Trail!

Fifth Annual Scarecrow Trail

When: Wednesday, October 25—November 8

Where: City of Groton

Calling all City Residents, City Businesses and City Community Organizations, it's that time again to create your best Scarecrow!

Registration & Display of Scarecrow:

ALL SCARECROWS MUST BE REGISTERED BY 4 PM ON OCTOBER 19th

Entrants are responsible for displaying scarecrow on their own property by Wednesday, October 25th. Pick up of weatherproof Scarecrow # sign for voting in our office Monday, Oct 23 —Wednesday, Oct 25 (8 am—4 pm). If you are a city resident/business/organization in need of space to display your scarecrow, call our office at 860-446-4128 to have us provide you space on City Property.

Judging: Scarecrow judging will be done both by popular vote and judge's panel. The public (city residents and non-residents) can only vote once. Voting will start on Wednesday, October 26th by email to pr@cityofgroton.com and end on 11/8. One vote per email address please.

✦ **Prizes:** Ribbons will be awarded in **4 categories: Best City Spirit, Spookiest Scarecrow, Funniest & Most Original.** Ribbons will be pinned on winning scarecrows on Thursday, November 9th.

Winners will be announced Thursday, November 9th via Facebook and Website.

See our website for full Scarecrow Trail Rules and Details, cityofgroton.recdesk.com

✦ **Trail map will be posted on our Facebook page and website by Tuesday, Oct 24th**

Everyone can enjoy the Trail and Vote!



Join the Fun!



City of Groton Police Department



3 ON 3
BASKETBALL
Tournament

AGES 14 - 19
SIGN UP AT ROSAA@CITYOFGROTON-CT.GOV

SEPTEMBER 24 | **WASHINGTON PARK GROTON, CT** | **TIME BEGINS AT 9 A.M.**

HOSTED BY CITY OF GROTON POLICE & CITY OF GROTON YOUTH ADVISORY COMMITTEE



CHILD SAFETY SEAT FITTING STATION DAY!



When: Saturday, September 23, 2023 from 9:00 AM until 12:00 PM.
Please call Juliette Parker at (860) 446-4154 to reserve your time.

Where: Rear of the Municipal Building; follow signage (295 Meridian Street, Groton, CT)

Overview: Certified safety seat technicians will provide free safety seat checks; educate parents and caregivers on the proper installation of child safety seats. This event is part of the Child Passenger Safety Week, sponsored by the City of Groton Police Department, Safe Kids and the Connecticut Department of Transportation.

The City of Groton Police Department will be hosting its annual "Stuff a Cruiser, Food and Coat Drive" family-friendly (COVID compliant) event on Sunday, December 10, 2023 from 10 a.m. to 2 p.m. at the City of Groton Municipal Building.



We look forward to seeing you and working together to meet the needs of all in our community.

City Police
Department
sponsors



Annual Holiday Festival

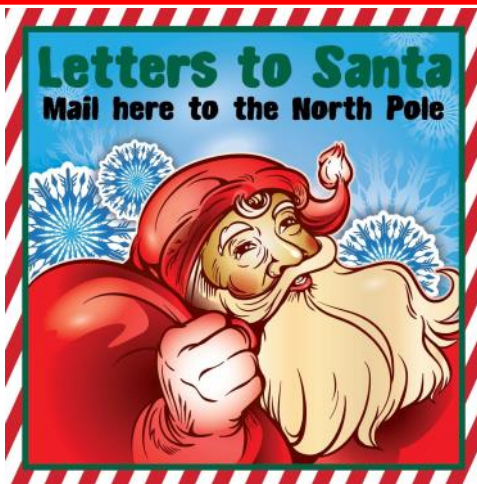
Thursday, December 7th, 6:00 pm

at the City Municipal Building

Santa arrives by fire truck,
local bands play Christmas songs and
light refreshments are served.

Sure to get you in the holiday spirit!

Community Events—Winter 2023



Letters to Santa

begins on **Monday, November 27th** and continues until Monday, December 11th.

The City of Groton Parks & Recreation Department will set up a special mailbox for this so that letters will go straight to the North Pole!

Don't forget a return address for a reply from Santa!

Or mail your letter to 295 Meridian Street, Groton, CT 06340 and we will put it in the mailbox for you.



The Great Reindeer Escape!

Hosted by the City of Groton Parks & Recreation Department

Beginning Thursday, December 7th

Santa's Reindeers have escaped and are loose around the City of Groton! Help Santa get them back to the North Pole by locating all 9 reindeer signs.

Mark down their locations on the form found on our [website](http://cityofgroton.recdesk.com) <http://cityofgroton.recdesk.com> (click on forms) and email us your sheet (pr@cityofgroton.com) or put it in the blue Drop Box at the City Municipal Building by Monday, 12/18.

All entries will be included in a prize drawing!



December Fun!



Our **Memorial Tree** will be on display in the lobby of the City Municipal Building in the month of December. We hope you help us fill this beautiful tree!



Santa in the City

Saturday, December 16th

Spreading cheer throughout City Streets starting at 1:00 pm



City of Groton Parks & Recreation

HOLIDAY LIGHTS

TRAIL 2023

Monday, December 5th—Thursday, December 14th

Show your family's Holiday Spirit! Register your City address as participating on our website or with our office by Thursday, November 30th. **No fee to enter!**

A Holiday Lights Trail Map will be posted for all to follow and vote for their favorites. City Award, Airy Award, Spirit Award & People's Choice will all be awarded!

Community Share!

FREE Winter Concert Series

City of Groton

Municipal Building,

295 Meridian St, Groton.

City Cabaret

3rd Sunday of January, February & March at 3:00 pm

**Please check our Website and Facebook to
get updates/details and band information.**



Cityofgroton.recesk.com



MUSIC & MOVEMENT

At the Bill Memorial Library

TUESDAYS AT 10:00 – 10:30AM

JOIN US FOR SONGS & ACTIVITIES

WITH LIVE MUSIC!

We'll have you and your little one moving and grooving as we sing, stretch and explore music with instruments.

This program is supported by CT Humanities.

No registration necessary.

Call 860-445-0392

for more information.



Fall

STORY TIME!

**AT THE BILL
MEMORIAL LIBRARY**

MONDAYS AT 10:00 AM

Fun Stories and LIVE Music!!

**Suited for ages birth through 5,
but all ages welcome.**

No registration necessary.



The Bill Memorial Library

240 Monument St. Groton, CT 06340

860-445-0392 billmemorial.org

FB Bill Memorial Library Instagram @billmemorialgrotonct



City Public Works Department—860-446-4127

Fall Leaf Collection:

Wednesdays,
October 25, November 1, 8, 15, 29
(no Pick Up 11/22) and December 6, 2023

Please do **not** sweep leaves into the street or road. Leaves accumulate into catch basins and clog them creating drainage problems.



NOTE: If you have leaves that need to be picked up after the official Leaf Collection is over, please call the Highway Office at 860-446-4127 and leave your name, address, phone number and about how many bags of leaves you have and we will pick them up on a Wednesday. One week notice is required.

Please do **not** sweep your leaves into the street or road. Leaves accumulate into the catch basins and clog them up creating drainage problems.

LEAVES WILL NOT BE COLLECTED IF PLACED IN PLASTIC BAGS.

Christmas Tree Collection:

Wednesdays,
December 27, 2023
January 3, 10, 17 & 24, 2024

Please have your Christmas trees curbside by 7:00 AM for pickup.

DO NOT PLACE CHRISTMAS TREES IN PLASTIC BAGS

Call 860-446-4127 with any questions

City of Groton Pickup Schedule for Trash, Recycling and Bulky Waste

It is important that you have your items out for pick up by the following times (NO exceptions)
6:00 AM— Memorial Day to Labor Day (Summer Schedule)
7:00 AM—Rest of the year

Most all routes and starting points have changed, therefore, the time we arrive at your house has also changed.

It is imperative for you to have your items out in time.

Trash & Recycling Pickup Schedules for Holidays:

- ✦ If a holiday falls on a Monday, and this is your pickup day, it will be picked up on Tuesday morning
- ✦ If a holiday falls on a Tuesday, and this is your pickup day, it will be picked up on Wednesday morning
- ✦ If a holiday falls on a Wednesday, and this is your pickup day, it will be picked up Thursday morning
- ✦ If a holiday falls on a Thursday, and this is your pickup day, it will be picked up on Friday morning*
- ✦ If a holiday falls on a Friday, and this is your pickup day, it will be picked up on Thursday morning*

*For Thanksgiving Day and the Day after Thanksgiving, if these are your pickup days, Thursday Thanksgiving Day will be picked up on Wednesday morning and Friday the Day-After Thanksgiving Day will be picked up on the following Monday morning.

The City of Groton Sanitation Dept. sells trash and recycling carts as follows:

95 gallon Green Otto Trash Carts for \$89.00 each

65 gallon Green Otto Trash Carts for \$79.00 each

65 gallon Blue Otto Recycling Carts for \$79.00 each

We will take only 1-2 cans or bags of yard clippings, brush or hedges with your trash. **Call 860-446-4127 with any questions**



Eastern Point Beach—Everyone's favorite spot!

Year round rental for your next family party

Zbierski House

at Eastern Point Beach
with breathtaking views of Long Island Sound!

3 Beach Pond Rd, Groton

House holds 50 people.

City of Groton residents \$30.00 per hour
Non-residents \$60.00 per hour

*** Business rates differ.

\$100.00 security deposit (refundable)

Tables and chairs for 50 are included. Limited kitchen on premise.
Additional parking fees apply during open beach season.
First floor, 2 restrooms and attached porch for your use.
Year round rental!



Visit cityofgroton.recdesk.com or
call 860-446-4128 for further details.

PERSONALIZED PAVERS

AT EASTERN POINT BEACH

Engraved pavers
arranged around the
flagpole in front of the
Tyler House.

\$225.00 / 4 lines max.
Payment is due with
order form.



*Honor someone, a special
moment or in memory of.*



See our website for the order form:

<http://cityofgroton.recdesk.com>

Call us with any questions at 860-446-4128



**CITY OF GROTON
PARKS AND RECREATION DEPARTMENT
PROGRAM REGISTRATION FORM**

Name / Parent or Guardian _____ Email _____

Street Address _____

City _____ State _____ Zip _____

Home Phone # _____ Work Phone # _____

Emergency Contact _____ Phone # _____

(Someone other than parent, you will be called first)

PROGRAM	PARTICIPANT'S NAME	DOB	M/F	FEE	GRADE	AGE

I do _____ I do not _____ give permission for myself or my family to appear in any media coverage approved by the Department of Parks and Recreation.

Chronic/Recurring illness (diabetes; asthma) _____

Allergies to food/medication: _____

Does your child use an Epi-Pen? _____ Inhaler? _____ Other: _____

Injuries or specific restrictions: _____

Physician's Name and Phone: _____

I hereby understand and agree that the City of Groton Parks & Recreation Department, its employees, volunteers and commissioners will not be held liable for any accident or injury incurred by participants while traveling to and from or participating in the above mentioned trips or activities.

Individuals with disabilities who require accommodation to participate in a program should request accommodation from the Parks & Recreation Department at or before registration. Documentation supporting the need and the extent of the accommodation may be required.

Signature _____

Printed Name _____

Date _____

For more information call Parks & Recreation Office at 446-4128

Make checks payable to: **City of Groton**

Mail to: City of Groton, Parks & Recreation, 295 Meridian Street, Groton, CT 06340

How did you hear about this program/Event? _____ Brochure _____ Social Media _____ Website
 _____ Other (please specify) _____



City of Groton
295 Meridian St
Groton, CT

From the Fire Department



Daylight Savings
time is at
2:00 am on
Sunday,
November 5, 2023.
Don't forget to set
your clocks
back one hour.

**This is also a good time to change
the batteries in your
smoke detectors!**



GROTON UTILITIES
At Your Service

Clean, affordable water | Reliable, economical electric power



Always At Your Service | www.grotonutilities.com